



**The Paddling Challenge and Post-Games Party
“The World’s Oldest Canoe Race”**

Monday 13 August at 7pm

Run since 1874, this year’s race will be held over 10,000m on the River Thames at Royal Canoe Club, Trowlock Island, Teddington, Middlesex TW11 9QY

The competition takes place a day after the Olympic Games Closing Ceremony. If you’re in London to watch the Olympic action, come and take part in our race and party with us.

All of the race can be followed via the towpath on the Surrey bank of the Thames.

CLASSES: K1 and C1 only – Men, Women, Junior Men, Junior Women, Canadian

KIT: All entrants must wear Club or International Colours

THE COURSE: 10,000m circuit starting from/finishing at Royal Canoe Club

TIMETABLE:

Collect race numbers	5.00pm-6.30pm
Briefing	6.30pm
Start	7.00pm
PRIZE GIVING & PARTY	8.00pm-11.00pm

SAFETY: We have exclusive use of the river. Turns will be buoyed

NUMBERS: Upright number plates are required for all entrants

PRIZES: Paddling Challenge CUPS for class winners
Prizes for 1st three places in all classes plus Veterans
Very attractive spot prizes – details on the day

ENTRY FEE: £10.00 per seat. The fee includes the race plus a plate of food and entry to the party afterwards

RESULTS: Will be published on www.royalcanoeclub.com shortly after the race

THANKS: We would like to thank the **British Canoe Union** and also the **International Canoe Federation** for their support of this event

ENTRIES: An entries sheet is available at www.royalcanoeclub.com

Send entries to: Miranda Churchill, 123 Granville Road, Southfields,
London SW18 5SF email: miranda@thechurchills.co.uk

You can pay on the day or send a cheque payable to: *Royal Canoe Club*



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Entries are accepted in the following categories:

Senior Men K1/C1 Senior Women - K1/C1

Junior Men K1/C1 Junior Women – K1/C1

(Veterans Prizes: please add your veteran status under ‘category’)

Category	Names	Club/Country	Fee (£10/seat)
TOTAL			£ .

I/we certify that the above competitors is/are able to swim 50 metres in light clothing and accept full responsibility for themselves, boats and equipment before, during and after the race

Signed..... Date

Team Leader Name.....

Club/country.....

Address.....

.....
 Contact telephone number AND email address.....

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